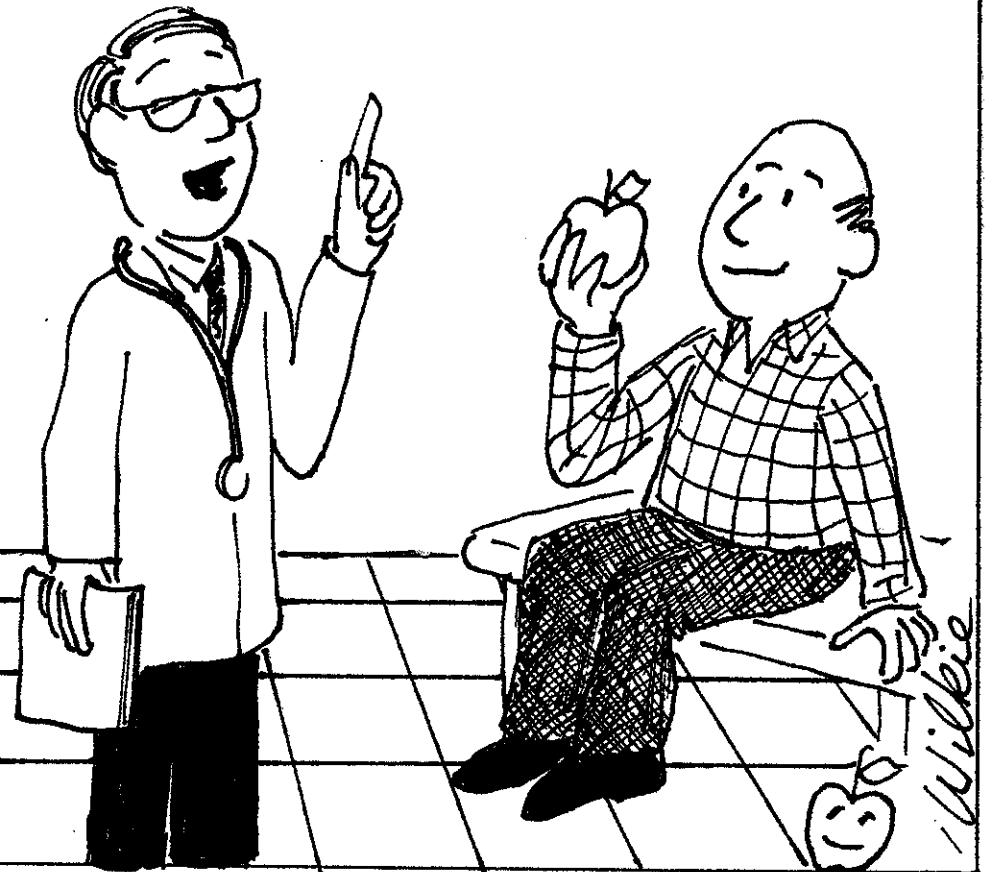


# SUPPERS

I don't know, Doc. It sounds like diabetes is the road to an awful lot of health problems!



No! Only poorly managed diabetes is! There's lots that you can do!



If eating and drinking too much processed food and beverages got you into this mess, switching to whole food can help get you out. [www.TheSuppersPrograms.org](http://www.TheSuppersPrograms.org)

Wilkie