

Buffalo Chili Recipe

Fifth graders were offered this chili after reading the story *The Return of the Buffalos* by Paul Goble.

Ingredients

one pound ground bison
one pound of dry pinto beans cooked ahead according to package directions or 2 cans of beans
one small jar mild or medium salsa
one small jar tomato sauce
1 TBS chili powder, or to taste
1 TBS herbs such as basil or oregano
Optional: Up to 4 cups of diced vegetables such as peppers, zucchini, carrots, cabbage salt, if desired

Directions

Place enough olive oil in a soup pot to coat the bottom.

Brown the meat and break up chunks.

Add the vegetables, if using them, plus the cooked or canned beans, salsa, tomato sauce and seasonings.

Simmer for at least a half hour, stirring occasionally and adding a little water to keep it simmering but not too thin.