

Recipe – Wayne’s First Soup (Level 1)

The Soup That’s as Easy as a Pot of Coffee

In a large soup pot, under medium heat, put enough olive oil to coat the bottom

Chop in 1 pound of ground meat, stir and chop until the meat browns

Add:

- 1 pound package of frozen soup vegetables
- 1 can of cannelloni or other beans
- 4 bouillon cubes
- 6 cups of water

Simmer (enough heat to make tiny bubbles) for 10 minutes; serves 6