

## Recipe – Turkey Sausage & 16 Bean Soup (Level 2)

Serves 10 – 12

### Ingredients:

- 1/4 cp. extra virgin olive oil
- 2 ½ lbs. turkey sausage
- 3 parsnips- scrapped & sliced
- 3 carrots - scrapped & sliced
- 4 stalks celery – chopped
- 1 lb. package 16 bean mix
- 4 cups water
- 2 cups water
- 2 tbs. chicken base
- Salt & pepper to taste

### Directions:

Soak beans over night and cook according to package directions until nearly done

Sauté turkey sausage until brown in olive oil coated pan

After browning, cut sausage into 1 inch pieces

Add parsnips & carrots to cooked beans

Add chopped celery to beans

Add cut up sausage to beans

Add 6 – 8 cups of broth or water and chicken base and simmer

Simmer until turkey is thoroughly cooked