

Recipe – Quinoa Tabouli

Ingredients:

- 2 cups rainbow quinoa
- 4 cups water
- ¼ teaspoon celtic salt
- Juice of one lemon
- Equal amount of olive oil
- 4 drops liquid stevia
- 1 package watercress, chopped
- 1/3 bunch parsley
- 1/3 bunch dill
- Handful mint
- 2/3 cup chopped walnuts
- ¼ cup minced red onion

Directions:

Cook quinoa according to directions on package.

Wisk olive oil, lemon juice with 4 drops liquid stevia. Add to other ingredients and toss.

Serves 8 as a side dish.