

## Raw Recipe – Leafy Avocado Salad

### Ingredients:

- 2 Avocados
- 1 ½ bunch spinach
- ½ bunch watercress
- 1 head Bibb lettuce
- 1 bunch green onions, green parts only, minced
- 2 springs fresh mint, minced
- 4 red radishes, minced
- Juice of 1 lemon
- Braggs Aminos to taste or wheat-free tamari

### Directions:

Scoop avocado into balls with a melon baller. Clean and chop the greens. Combine all ingredients and toss with lemon and Braggs Aminos or tamari.

Makes 3-4 servings