

Recipe – Chopped Chicken Salad

Serves 12 to 16

Ingredients:

- 4 lbs. chicken sautéed in olive oil till just done
- 2 cups almonds, chopped
- 1 small jicama, chopped
- 1 box cherry tomatoes
- 1 red pepper, chopped
- 3 bulb fennels, shredded
- 1 bunch parsley, chopped
- 1 bunch kale, shredded fine
- Handful of fresh herbs, if available

Dressing

- 1 cup olive oil
- ¼ cup apple cider vinegar
- Juice of 2 lemons
- salt if desired and ground pepper

Directions:

Combine salad ingredients

Combine dressing ingredients

Dress salad and serve