

Recipe – Tahini (Sesame Paste) Dressing

Ingredients:

- 1/3 cup tahini (sesame paste), well stirred
- 1/3 cup water
- 5 TBS fresh lemon juice or part lime juice
- 2 cloves garlic, minced or pressed
- ½ tsp sea salt
- splash tamari (wheat free soy sauce)

Directions:

Add all ingredients together in a bowl and stir briskly to blend well

Alternative Tahini Dressing for a smaller portion:

Ingredients:

- 1 TBS tahini (sesame paste), well stirred
- 1 TBS lemon juice
- 1 tsp tamari (wheat free soy sauce)
- 3 TBS olive oil

Directions:

Add all ingredients together in a bowl and stir briskly to blend well