

## Recipe – Dressing for Roasted Meat Salad

### Ingredients:

- ½ cup organic or preferred mayonnaise
- juice of one lime
- 1 tsp to 1 TBS flavorful vinegar
- 2 shallots, chopped
- 2 cloves garlic, chopped
- walnut or preferred salad oil
- salt, if allowed, and pepper to taste

### Directions:

Combine the ingredients except the oil in a food processor. Drizzle in while processing 1 – 2 TBS oil to achieve the desired consistency.

Use this to dress about 2 pounds of roasted turkey or chicken, cut in cubes. We added 6 ribs of celery, sliced, and a cup of chopped walnuts.

Serves 8.