

## Recipe – Chiapotta

### Ingredients:

- 2 sweet peppers (red, yellow or green)
- 1 eggplant, chopped
- 2 patty pan squash, chopped
- 1 winter squash, chopped (butternut works well)
- 2 tomatoes, chopped
- ½ pound green beans, chopped into bite size pieces
- 1 head of garlic, cloves minced
- Handful of fresh basil
- 1 t. sea salt
- Olive oil to coat a sauté pan

### Directions:

Coat pan with olive oil

Sauté all vegetables in olive oil

A little broth may be needed if the natural juices from the vegetables are not enough fluid

Add a handful of fresh basil

Season with sea salt and serve